

JANUARY 2024 COUNCIL GROVE ELEMENTARY

CGES January 2024 Activity Calendar

January 1st - 2nd - Winter Break
January 3rd - No School/Professional Development
January 4th- Classes Resume
January 15th- No School/ MLK Day
January 22nd - PAC/PTO 6pm
January 24th - Spelling Bee 9:15am
January 26th - 3rd Grade Bread in a Bag
January 29th- No School/Professional Development

SCHOOL CLOSINGS

Announcements regarding school closings will be broadcast frequently on WIBW-AM 580, WIBW-TV-13, and their website www.wibw.com. In addition, a power announcement phone call will be sent out if the school closing happens before school. For this reason, please contact the office if you have updated phone numbers and e-mails.

Doors Open: 7:45am School Start time: 8:00am Dismissal time: 3:10pm RECESS - Council Grove Elementary students will go outside for recess. Students will not go outside if the temperature is below 25 degrees, the wind chill is below 20 degrees, there is a wind/cold/heat advisory, it is raining, snowing, lightning, or the playground is ice covered. Teacher's discretion may also be used.

Council Grove Elementary School 706 E Main St. Council Grove, KS 66846 (620)767-6851 Heather Honas, Principal hhonas@cgrove417.org Kelcy Bremer, Assistant Principal kbremer@cgrove417.org



From the desk of Mrs. Honas

Happy New Year! We are so excited to see the kids and start learning again. I wanted to share with you a celebration that our building has been having. Our intervention progress monitoring is making gains. Due to high impact instructional strategies, direct instruction, Science of Reading interventions, teachers/interventionists and student effort, we are seeing positive results! Thank you for your continued support. We all want our students to be successful academically and socially. Together, we are making gains and making a difference! Let's make 2024 the best year yet!



CGES Spelling Bee will be Wednesday, January 24th at 9:15am in the lunchroom

Morris County Spelling Bee will be Wednesday, February 7th at 1:00pm in the CGJSHS auditorium

CGES-JANUARY 2024



Dear Parents,

To help us know which students might need additional support, all students complete screening tests up to three times each year. These tests help teachers see which students are likely to meet the end of year learning goals, and which ones need more help. Our school uses the FastBridge Learning® assessments to screen students in the areas of English language arts, math and the social, emotional and behavioral domains. Our second testing window is scheduled for January 9 - January 27, 2023.

The teachers look at the screening scores immediately after the testing and compare their students' scores with other information about school performance. Those students whose scores are low across different tests are provided with additional support to help them meet the learning goals.

All of the students who participate in extra instruction also take regular progress tests to see if their skills are getting better. These tests are given weekly to monthly, depending on the student's learning needs. Both screening and progress monitoring score reports are shared with parents during parent-teacher conferences or at other times during the school year. These reports help the teacher, student, and parents know if each student is likely to meet this year's learning goals.

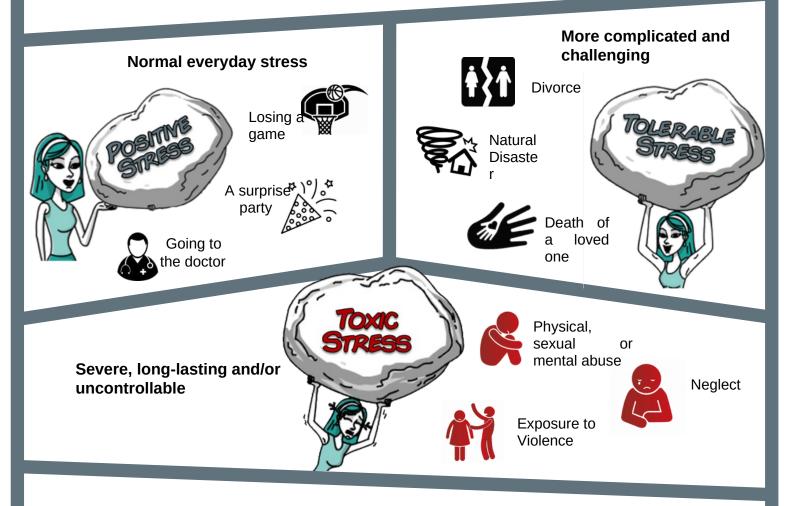
If your child has a low score on a screening test, and other information shows that the student needs extra help in that area, extra instruction will be given automatically during the daily school schedule. Your child's progress will be shared with you by his or her teacher. If you have questions about your child's school performance, screening scores, or progress monitoring results, please contact your child's teacher. We look forward to working with your child and you during this school year.

Sincerely,
Angela Harris and Krista Wilson
Title 1 Teachers



How can you help? Stress and Childhood

It's not a secret that we live in a stressful world. Stress is often thought of as an adult issue but children are exposed to stress every day through school, home or social interactions. There are three types of stress that can make a difference in the impact on a child's brain and body: positive, tolerable and toxic stress. Potential effects of stress can last a lifetime for children, so it is important that families understand the difference between these types of stress.



What are the signs your child is experiencing Toxic Stress?

Long-term stress response can disrupt a child's development both physically and mentally.

Sleep IssuesCrying more than usualOvereating and other compulsive Frequent headaches or tummyDeveloping new fearsbehaviors achesPoor coping skillsFear and anxiety triggered by

Regressing to bed wetting orBehavior and learning difficultiesplaces or people that remind baby talkMood swingsthem of the past

Families Together, Inc. Kansas Parent Information (800) 252-323 Resource Center www.fa.ules.ogetherinc.org(866) 711-6711





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How do you prevent damage from toxic stress?

Eliminate or reduce exposure to extremely stressful conditions, such as recurrent abuse, chronic neglect, caregiver mental illness or substance abuse, and/or violence.

Provide supportive, responsive relationships with caring adults. Stable, loving relationships can buffer against harmful effects.

Intervene with support, services and programs that address any severe and long-lasting stressors to address the source of the stress and lack of stabilizing relationships.

"Everybody wins if we prevent toxic stress in young children, and everybody loses if we don't." \sim Dr. Jack P. Shonkoff, Director of the Center on the Developing Child at Harvard University

Sleep

Children who get the right amount of sleep have less trouble with focus and behavior at school and manage stress more easily.



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Exercise

Children who exercise have more confidence and higher self-esteem. They are better able to handle life's daily challenges.



Parent Super Powers!

Research shows parents can be the most powerful force in preventing or even reversing the impact of toxic stress!



Good Nutrition

Regular family mealtimes can help prevent compulsive overeating.

Mindfulness

Mindfulness is paying close attention to what you are feeling and experiencing. Mindfulness can help your child stay calm and in control.



Mental Health

Counseling and other mental health services can be helpful for children who have faced trauma.



Supporting Relationships

Safe and nurturing relationships can help protect children's brains and bodies from the harmful effects of stress and trauma.

Resources

Stress Health - www.stresshealth.org

A Guide to Toxic Stress

www.developingchild.harvard.edu/guide/a-guide-to-toxic-stress

NAMI: What You Should Know about Toxic Stress

www.nami.org/Blogs/NAMI-Blog/August-2017/What-You-Should -Know-About-Toxic-Stress

Who can help?

Trusted educators

Doctors

Friends

Clergy

Mental health professionals

"Every kid is one caring adult away from a success story." ~ Josh Shipp, author



(Rev. 3-22)

Parent/Guardian Notification: Dental Screenings

CareArc will be providing free dental screenings at Morris County Schools on February 1st, 2024. To comply with Kansas State Statute 72-5201, school children (K-12) should receive annual school-based dental screenings.

KDHE screenings identify the presence of decay, previous dental experience (fillings and/or sealants), infection, swelling, and pain. Parents are notified of the screening results, and those with dental treatment needs are referred to local dentists for care. School screenings are not a substitute for an examination by a dental professional, and it is recommended that all children have a dental home that provides regular, comprehensive dental care.

To participate in the screening, no action is required. If you would like your child to receive a fluoride varnish (in addition to the screening), please complete the top portion of the attached form. If you would like to opt your child out of the screening, please complete the bottom portion of the attached form. All students will be screened unless opted out.

**If your child sees a dentist regularly and receives fluoride applications, please do not sign them up for additional applications. Most dental insurances only cover a certain number of applications per year, and we do not want that to affect how they will cover your child at their regular dental visit.

Remember, that this is only a screening. Even if your child does see a dentist regularly, I would encourage them to go through the screening as well. It is completely up to you, though.

Each child will be screened unless opted out ahead of time by a parent signature.

Chelsea Fuller, Registered Dental Hygienist, ECPII CareArc-Emporia 420 W. 15th Ave., Emporia, KS 66801

620-342-4864, ext. 3782 cfuller@CareArc.org

Kolette Gilbert, Dental Referral and Outreach Clerk

CareArc-Emporia 420 W. 15th Ave., Emporia, KS 66801 620-342-4864, ext. 3782 kgilbert@carearc.org



(Rev. 3-22)

Dental Outreach Fluoride Consent Form

STUDENT INFORMATION Chart Number:									
Grade: Teacher: School:									
STUDENT'S Last Name: First Name:									
Date of Birth: Age: Gender: Male Fe	male								
Mailing Address: Apt. No.: City: State: ZIP:									
Phone Number:									
 Race: □ White □ Black/African-American	□ More th	an 1 race	□ Asian E	thnicity:					
□ Other Pacific Islander □ American Indian/Alaska Native □ Native Hawaiian □ Latino/Hispanic □ Other									
PARENT/GUARDIAN Name: Relation to Student:									
Name of child's dental home and date of last visit:									
Parent/Guardian Signature: Date:									
INSURANCE INFORMATION (required): Please fill out the following information about your CHILD:									
Please note that CareArc will be covering the cost of the services and YOU WILL NOT BE RESPONSIBLE TO PAY ANY FEES, but if you have dental									
insurance your insurance carrier will be billed. Plea							ld and to co	lloct	
By completing any portion of this form, you are a payment from KanCare and/or Private Dental Ins		areArc to pr	ovide scree	ning/fluorid	de services for	your chi	id and to co	llect	
□ None	arance.								
□ KanCare #:									
□ United Health Care □ Aetna □ Envolve									
☐ Private Insurance – Name of Company	:								
ID#: Group	p #:								
Subscriber Information (All information must be p									
Last Nar	•	no: Dato of P	irth: Social	Socurity Nu	mhor				
Last Ival	iie. Fii st ivaii	ie. Date oi b	ıı tır. 30cıar.	security ivui	HDEL.				
Address: City: State: ZIP:									
Employer: Relationship to Child:						<u> </u>			
			r						
(Please do not detach)									
□ I DO NOT want my child to participate	in the free	dental sc	reening.						
First Name: Grade: Teacher:									
Date:									
STUDENT'S Last Name:									
Parent/Guardian Signature:									



(Rev. 3-22)

Formulario de consentimiento de fluoruro de alcance dental

INFORMACION DEL ESTUDIANTE Chart Number:									
Grado: Maestro/a: Escuela:									
Apellido de ESTUDIANTE: Primer Nombre:									
Fecha de Nacimiento: Edad: Sexo: □ Ma	Isculino 🗆 Femenina		T						
ecina de Nacimiento. Edad. Sexo.		,							
Dirección de En	vio: Numero de aparta	mento: Ciudad: Estado: (Código Postal:						
Teléfono Principal:									
 	o □ Mas de una raza	☐ Asiático Etnicidad	d: -						
Raza: □ Blanco □ Negro/Afro-Americano □ Mas de una raza □ Asiático Etnicidad: □ Islas del Pacifico □ Indio Americano/Nativo Alaska □ Hawaiano □ Latino/Hispano □ Φtro									
Nombre del Padre/Guardián: Relacioncon el estudiante:									
Landard Co. Davids de calendard					,				
Nombre de su Dentista de cabecera y fecha de su ultima cita dental:									
initia de l'adire, l'ator. l'ecila.									
INTERNACION DEI GEGUNG (abligatoria). Professelle de la constantia della constantia della c									
INFORMACION DEL SEGURO (obligatorio): Por favor llene la siguiente información sobre su hijo: Por favor note que CareArc va a cubir los costos del servicio y USTED NO TENDRÁ QUE PAGAR NINGUNA TARIFA. PERO si usted tiene seguro									
dental, ellos serán responsables del pago. Por fav	or asegúrese que usted	llene abajo toda la infor	mación cera del	seguro medico.					
Al completar esta porción doy a CareArc permi Dental.	so para aplicar el barni	z de fluoruro a mi hijo/a	y colectar el pa	go de KanCare	y/o del Seguro				
□ None									
□ KanCare #:									
□ United Health Care □ Aetna □ Envolve	е								
🗆 Seguro Privado – Nombre de la Comp	añía:								
ID#: Grup	00 #:								
Información del subscriptor (Toda la información			ua Casiali						
Apellido: F	rimer Nombre: Fecha d	e Nacimiento: # de Segu	ro Social:						
#	de Seguro Social: Ciuda	d: Estado: Código Postal:							
Empleador: Relacioncon el estudiante:				<u> </u>					
(Por favor no separe)		- I							
NO QUIERO que mi hijo/a participe en c	l examen dental gr	atuito.							
Primer Nombre: Grado: Maestro/a:									
Fecha:									
Apellido de ESTUDIANTE:									
Firma de Padre/Tutor:									
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