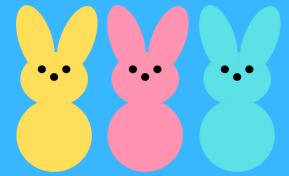




April 2023
Council Grove Elementary



CGES April 2023 Activity Calendar

April 6 - 3rd Grade Field Trip To Neosho Gardens 1:30-2:30pm

**April 6 - Kindergarten Round-Up/No school
for Kindergarten or Preschool students**

April 7 - No School/Good Friday

April 21 - No School/Professional Development

April 24 - Pre-K/K Spring Music Concert 6pm

April 24 - 1st/2nd Spring Music Concert 6:45pm

April 25 - 3rd/4th Spring Music Concert 6pm

April 25 - 5th/6th Spring Band/Vocal Concert 7pm

Doors Open: 7:45am

School Start time: 8:00am

Dismissal time: 3:10pm

Enrollment & ASP Fees

Please check in with the office or
the After School Program to make
sure all fees are paid.

**HELLO
SPRING**

Council Grove Elementary School

706 E Main St. Council Grove, KS 66846 (620)767-6851

Heather Honas, Principal hhonas@cgrove417.org

Kelcy Bremer, Assistant Principal kbremer@cgrove417.org

CGES-April 2023



Kindergarten Round-up on April 6th

A letter was sent home earlier with Pre-K students about information on Kindergarten Round-up, which will be held on April 6, 2023.

There will be two sessions scheduled, one at 9:00 am and the other at 1:15 pm.

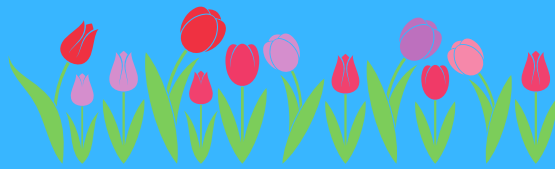
If your child attends morning preschool, he/she will attend the 9:00 am session and if your child attends afternoon preschool, he/she will attend the 1:15 pm session.

It is important that you attend this round-up and begin the necessary procedures so that your child will be eligible to enter school in the fall.

There is NO school for Kindergarten or Preschool students on April 6th.

STATE ASSESSMENT SCHEDULES

<u>3rd Grade State Assessment Schedule</u>					<u>5th Grade State Assessment Schedule</u>				
Day	Date	Time	Teacher	Test	Day	Date	Time	Teacher	Test
Tuesday	4-11-23	8:05-9:05	Hanks	ELA	Tuesday	4-4-23	8:05-9:05	Koch	Science
Tuesday	4-11-23	8:05-9:05	Herde	ELA	Tuesday	4-4-23	1:45-2:45	Kinsey	Science
Tuesday	4-11-23	8:05-9:05	Kelley	ELA	Wednesday	4-5-23	8:05-9:05	Koch	Science
Wednesday	4-12-23	8:05-9:05	Hanks	ELA	Wednesday	4-5-23	1:45-2:45	Kinsey	Science
Wednesday	4-12-23	8:05-9:05	Herde	ELA					
Wednesday	4-12-23	8:05-9:05	Kelley	ELA	Tuesday	4-11-23	9:50-10:50	Koch	ELA
					Tuesday	4-11-23	12:15-1:15	Kinsey	ELA
Tuesday	4-18-23	8:05-9:05	Hanks	Math	Wednesday	4-12-23	9:50-10:50	Koch	ELA
Tuesday	4-18-23	8:05-9:05	Herde	Math	Wednesday	4-12-23	12:15-1:15	Kinsey	ELA
Tuesday	4-18-23	8:05-9:05	Kelley	Math					
Wednesday	4-19-23	8:05-9:05	Hanks	Math	Tuesday	4-18-23	9:50-10:50	Kinsey	Math
Wednesday	4-19-23	8:05-9:05	Herde	Math	Tuesday	4-18-23	12:15-1:15	Koch	Math
Wednesday	4-19-23	8:05-9:05	Kelley	Math	Wednesday	4-19-23	9:50-10:50	Kinsey	Math
					Wednesday	4-19-23	12:15-1:15	Koch	Math
<u>4th Grade State Assessment Schedule</u>					<u>6th Grade State Assessment Schedule</u>				
Day	Date	Time	Teacher	Test	Day	Date	Time	Teacher	Test
Wednesday	4-12-23	8:05-9:35	Ehrlich	ELA	Tuesday	4-11-23	8:50-9:50	Booker	ELA
Wednesday	4-12-23	8:05-9:35	Hrencher	ELA	Tuesday	4-11-23	12:10-1:10	Winegar	ELA
Wednesday	4-12-23	8:05-9:35	Mitchell	ELA	Tuesday	4-11-23	2:00-3:00	Gant	ELA
Thursday	4-13-23	8:05-9:35	Ehrlich	ELA	Wednesday	4-12-23	8:50-9:50	Booker	ELA
Thursday	4-13-23	8:05-9:35	Hrencher	ELA	Wednesday	4-12-23	12:10-1:10	Winegar	ELA
Thursday	4-13-23	8:05-9:35	Mitchell	ELA	Wednesday	4-12-23	2:00-3:00	Gant	ELA
Wednesday	4-19-23	10:30-11:30	Ehrlich	Math					
Wednesday	4-19-23	10:30-11:30	Hrencher	Math	Tuesday	4-18-23	8:50-9:50	Gant	Math
Wednesday	4-19-23	10:30-11:30	Mitchell	Math	Tuesday	4-18-23	12:10-1:10	Booker	Math
Thursday	4-20-23	10:30-11:30	Ehrlich	Math	Tuesday	4-18-23	2:00-3:00	Winegar	Math
Thursday	4-20-23	10:30-11:30	Hrencher	Math	Wednesday	4-19-23	8:50-9:50	Gant	Math
Thursday	4-20-23	10:30-11:30	Mitchell	Math	Wednesday	4-19-23	12:10-1:10	Booker	Math
					Wednesday	4-19-23	2:00-3:00	Winegar	Math



CGES-April 2023



USD #417 Health Office Information

- Hearing and vision screenings are being finished up for the 2022-2023 school year. All students in grades Pre-K, K, 1, 2, 3, 5, 7, and 10 (and new students to the district) are screened each school year. If you have any questions about your child's results after they are sent home, please contact our office.
- Please make sure your child is up-to-date on required immunizations for school. Start planning for completion of needed vaccinations for the 2023-2024 school year.
- Start scheduling your child's sports physicals for the 2023-2024 school year any time after May 1st to check that off your list as well. A new sports physical is required every year for students entering grades 7-12 that plan on participating in any sport. Packets that also include the concussion form and code of conduct will be available soon.
- As the wonderful spring weather returns and students start attending more events outdoors (such as track meets and field trips), don't forget SUNSCREEN! This is the time of year when we see terrible sunburn on students that have not thought about the importance of skin protection with increased outdoor activities happening.

Spring Music Concerts

Bees a buzzin', birds a flyin', mountains, rocks, stars all a part of our beautiful nature around us!! That's our theme this spring... NATURE!!

Come and enjoy the sounds of our beautiful world. All concerts will be held in the CGJH/HS Auditorium at the times listed below.

Pre-K/Kindergarten will be performing April 24th at 6:00 p.m. Please have them in the Commons Area by 5:45 p.m. Look for your teacher's name on one of the tables. Dress nice and don't forget your smiles!!

1st/2nd Graders will be performing April 24th at 6:45 p.m. Please have them in their assigned seats in the Auditorium by 6:30 p.m. Dress nice and don't forget your smiles!!

3rd/4th Graders & CG Singers will be performing April 25th at 6:00 p.m. Please have them in the Commons Area by 5:45 p.m. Look for your teacher's name on one of the tables. Dress nice and don't forget your smiles!!

5th/6th Band, Vocal & CG Singers will be performing April 25th at 7:00 p.m. Band students need to be in the C.G.H.S. Band Room by 6:30 p.m. to tune and warm up. Vocal students need to be at their assigned seats in the Auditorium by 6:45 p.m. Dress nice and bring your smiles!!

Reminder: Children need to be supervised by parents unless they are with their teacher.

THANK YOU parents for all you do for your children and the support you continue to give to the Music Programs of USD 417! We appreciate you!!



CGES-April 2023



Dear Parents,

Protecting your children and keeping them safe is one of the most important things a parent will do. This has become a huge challenge with the availability of access to technology, social media, and cyberbullying. Monitoring children's cell phone/technology usage is very important, yet very hard. I have attached the link below from VeryWellFamily.com that reviews some of the best parental control apps. I have also included our school cell phone policy.

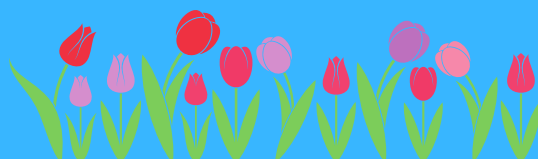
Sincerely,
Mrs. Honas

<https://www.verywellfamily.com/best-parental-control-apps-4779963>

"CELL PHONES AND OTHER ELECTRONIC DEVICES POLICY All phones and electronic devices are to be turned off and placed in the student's backpacks upon entering the Elementary School in the morning and remain there until the dismissal bell at 3:10 p.m.

First Offense: Any school adult may take the phone from the student and turn it into the office where the student may pick it up at the end of the school day.

Repeated Offenses: Any school adult may take the phone from the student and turn it into the office. The cell phone will be held until the parent/guardian can come to school and pick up the cell phone."



Understanding PCEs

Positive Childhood Experiences

What are PCEs?

Positive Childhood Experiences (PCEs) are the kinds of activities and experiences that enrich a child's life. According to a recent study *positive childhood experiences counter the damaging effects of adverse experiences*. PCEs are what make childhood a time of growth, change, exploration, and happiness. According to a study from Johns Hopkins University, there are seven PCEs that could have lifelong effects on mental and relationship health.

In the home children...

talk with family members about their feelings



feel safe and protected by an adult in their home



feel that their families stood by them during difficult times



In the community children...

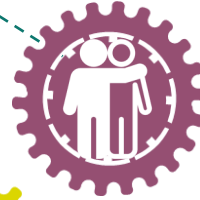
feel supported by friends



have at least two non-parent adults who take genuine interest in them



feel a sense of belonging in school



enjoy participating in community traditions

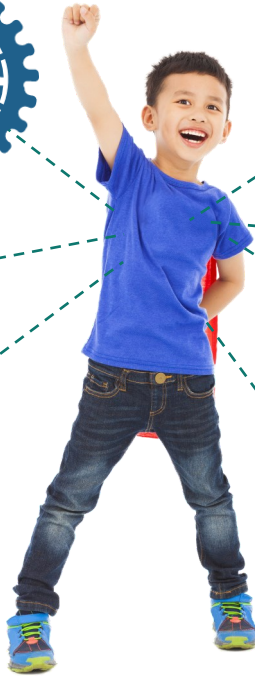


Image credit: pngwave.com and nounproject.com

Some children live in homes where they don't feel emotionally and physically safe. The good news is that friends and communities can be sources of PCEs as well. "If your child has experienced trauma and you're worried about the long-term impact it could have on them, these findings show that the positive experiences in childhood lead to better adult physical and mental health, no matter what they have faced," said Ali Crandall, assistant professor of public health at Brigham Young University.

The types of experiences that have the most healing effects are not things that can be bought or that cost a lot of money. We need experiences that help children learn to trust others even when life is uncertain, difficult or frightening. Positive things happen when we talk honestly about things that are hard to understand, scary, embarrassing or painful.

Tips for Nurturing PCEs at Home

Talking with Family Members about Feelings

- Encourage your child to share their thoughts, feelings, and concerns
- Help your child learn to identify feelings using pictures, books, videos, or apps
- Explore the wide range and vocabulary of feelings. Instead of just “happy,” were you content, pleased, cheerful, delighted, thrilled, excited, or overjoyed?
- Give your child your full attention when they are trying to communicate with you
- Look at family pictures and share memories together
- Talk about and celebrate your child’s strengths (and do so in front of others)



Feeling Family Stands By You in Difficulty

- Acknowledge when situations are stressful to your child
 - Ask what they’re most concerned about and listen without judgement
 - Ask if they have ideas about what might help
 - Express that you believe in their ability to learn and grow
 - Express pride in them when they take responsibility and follow through on correcting an error



Feeling Safe and Protected

- Prioritize time to connect with your child
- Be clear about your expectations
- Speak in warm expressive tones
- Model appropriate apologies
- Remember to smile, give hugs, and say “I Love You”
- Keep your word
- Set routines that provide consistency and nurture good habits
- Notice what soothes your child: rocking, warm voice, a song, a story



Promoting Community PCEs

- Support your school’s social emotional learning efforts
- Give your child opportunities to learn and practice social and emotional skills through playdates and community events
- Connect your child with trusted adults who care and are positive influences on them
- Share traditions that create a sense of belonging in the school and community



Resources:

Positive Childhood Experiences and Play

www.centerforchildcounseling.org/positive-childhood-experiences-pces-and-play

Positive Childhood Experiences

www.childandadolescent.org/positive-childhood-experiences