

Prairie Heights Elementary School

January Newsletter



Reminders from Mr. Delforge and Office

- HAPPY NEW YEAR 2024!!!!
- **PLEASE**- We need to make sure that parents know they are not to park in the HANDICAP parking areas.
- **Please** Do not park in front of the building. This is for buses to pull in and out.
- Pick up students' parents can we park going north on Garfield, so traffic goes away from buses and walking students? It would be appreciated.
- Welcome back! Hope time with family and friends has rejuvenated and recharged our batteries. I am so happy to see the happy faces and look forward to continuing our year. There is much to do and as always little time to do it in.
- Students have been improving their understanding and it is showing in our Progress Monitoring data. Teachers as well as our students are working hard. I want to thank them.
- We will begin our Winter Benchmark assessments Jan. 8 and run to Jan. 26. We hope to see growth and for those that struggle find intervention that will support them.
- **SCHOOL CLOSINGS**
Announcements regarding school closings will be broadcast frequently on WIBW-AM 580, WIBW-TV-13, and their website www.wibw.com. In addition, a power announcement phone call will be sent out if the school closing happens before school. For this reason, please contact the office if you have updated phone numbers and e-mails.
- Students are to be here by 7:40am if they want to eat breakfast. This will allow them time to eat before we start our morning meeting at 8am. We dismiss by 3:40.
- Please contact the office if any of your contact, dismissal information has changed. We need correct information in case of an illness or emergency. We want to make sure we do what is best for the students. A note in agenda book, phone call to office, email to teacher and or office.
- We are stressing to students to be RESPECTFUL, RESPONSIBLE, and SAFE. If students demonstrate good behavior in these categories, teachers and staff are giving students "TWISTER Tickets." Positive reward for being awesome.

Sincerely,
Chris Delforge
Principal PHES
785-499-6313
cdelforge@cgrove417.org

January Calendar

January 3 -	No School - Professional Development
January 4 -	Classes Resume
Jan. 8-	BOE Mtg 6-8:00
January 9-	PHES PTO at 6:30
January 8-26-	Winter Benchmark testing window-Fast Bridge
January 15 -	No School/MLK Jr. Day
January 23 -	PHES Spelling Bee (9:00 a.m.)
January 25-	ART-PLC's Teacher Collab
January 26-	MTSS/Title mtg 8:30-10:00 Delforge End of Benchmark before Data Day
January 29 -	No School - Professional Development
Feb 1st-	Classroom pictures

PHES NEWS

January Music-Newsletter Kathy Lamberson

We celebrated a fun, successful music program in December. Many people helped to make it a great evening together. This month the 3rd through 6th grades will focus on note reading and using those skills to play the recorders. We are about halfway through the Music Memory program, learning about composers, their music and history. The young grades have some winter songs and interactive movement songs that we will enjoy together.

January PE Newsletter

During the month of January students will practice a variety of manipulative skills as well as working on communication/collaboration among their classmates. Students will practice skills such as dribbling/shooting a basketball, running in a mature pattern, utilizing rhythm, throwing/catching, utilizing defensive tactics such as a drop back step, defensive stances, and movement. These skills will be practiced in individual practice games, small sized games, and in a team game setting where students are encouraged to utilize strategic advantage in an offensive and defensive setting. Team building activities will be implemented within this month's curriculum to encourage problem solving, appropriate conflict resolution skills, collaboration among team members, and practice appropriate communication skills.

Kansas State Level Outcomes for each grade level that will be implemented within the PE curriculum include the following:

K-2nd:

- Applies corrective feedback to movement errors during performance. (2A.P2)
- Identifies physical activities that enhance health. (5A.EP1)

3rd-5th:

- Accepts responsibility if personal behavior affects others negatively. (4A.IM2)
- Executes basic offensive and defensive strategies and tactics used in a variety of activities, invasion games, net/wall games, throws, volleys, and striking. (2B.IM2)

6th:

- Performs defensive skills (i.e. drop step, defensive stance and movement) in modified and small-sided games. (1D.MS2)
- Creates or reduces space in invasion games through approach or retreat. (2B.MS2)

Tanner Schneider
USD 417
PHES Physical Education Instructor
Council Grove High Assistant Wrestling Coach
Cell: (785) 366-6396

ART January

In the art room this month students will be creating winter themed projects. We will be exploring symmetry as well as perspective to make our hallway a winter wonderland!

Library /Tech.
Will be sent out later.

Nurse

We have district-wide dental screenings on Thursday, February 1st,
Pages attached

January PTO

What a HUGE success the Winter Program was: the enormous crowd, the delicious food, Santa's surprise appearance, and the beautiful music made it such a fun-filled, enjoyable evening! THANK YOU to all who donated food items and/or money, helped set up & tear down, served food, stayed behind to help with clean up, attended the music program, etc. We really appreciate all of your community efforts and assistance! Teamwork really does make the dream work!

Mark your calendars for our next PTO event: **FAMILY GAME NIGHT** at Prairie Heights Elementary school on Friday, January 26th from 6-7:30pm! There will be a variety of games and activities, a snack and a drink for you and your student to enjoy!

In addition, please consider joining us at the following PHES PTO meetings and let your voice be heard! **Dinner and daycare are provided!** All meetings begin at 6:30pm and are located at PHES.

Monday, February 5th @ 6:30PM

Monday, March 4th @ 6:30PM

Monday, April 1st @ 6:30PM

Monday, May 6th @ 6:30PM

Monday, June 3rd @ 6:30PM (end of year celebration)

If you have any questions please contact the PTO president at aharmison15@gmail.com or call the PHES office at 785-499-6313.

PTO Sponsored Save-the-Dates:

Friday, Jan. 26 - Family Game Night at PHES from 6-7:30pm.

The PHES PTO will be selling **PHES apparel** during the months of January & February. Keep an eye out for those order forms soon!

Lunch/Menu

Attached Sheet-Info page and January Lunch menu

Elementary Lunch Menu



JANUARY

Elementary School Breakfast/Lunch Prices

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 	3 Milk Choices Offered Daily 1% Chocolate Milk 1% White Milk	4 *Meal of the Day* Ham and Cheese Sandwich *Student Favorite* Chicken Parm Sandwich No Salad Bar *Extras* Fresh Fruit or Veggie Peach Slices	5 *Meal of the Day* Calzone *Student Favorite* Pizza No Salad Bar *Extras* Fresh Fruit or Veggie Peach Slices Cookie
8 *Meal of the Day* Quesadilla Queso Cheese *Student Favorite* Cheesy Pull Apart Bread Marinara Sauce Salad Bar/Grain *Extras* Fresh Fruit or Veggie Peach and Carrots Slushies	9 *Meal of the Day* Chicken Nuggets Mac and Cheese *Student Favorite* Cheeseburger Salad Bar/Grain *Extras* Fresh Fruit or Veggie Sweet Potato Fries Mandarin Oranges	10 *Meal of the Day* Mac and Cheese *Student Favorite* Chicken Wrap Salad Bar/Grain Soup-TBA *Extras* Fresh Fruit or Veggie Pineapple Chunks	11 *Meal of the Day* Soft Tacos *Student Favorite* Chicken Parm Sandwich Salad Bar/Grain *Extras* Fresh Fruit or Veggie Spiced Pinto Beans Applesauce Cakes	12 *Meal of the Day* Unstuffed Smoothie *Student Favorite* Pizza Salad Bar/Grain *Extras* Fresh Fruit or Veggie Cinnamon Apples Fruit Cocktail
15 MILK DAY I HAVE A DREAM	16 *Meal of the Day* Vegetable Fried Rice *Student Favorite* Cheeseburger Salad Bar/Grain *Extras* Fresh Fruit or Veggie Broccoli Cinnamon Apples	17 *Meal of the Day* Chicken Nachos Queso Cheese *Student Favorite* Chicken Wrap Salad Bar/Grain Soup-TBA *Extras* Fresh Fruit or Veggie Refried Beans Pear Slices	18 *Meal of the Day* Spaghetti w/ Meat Sauce Cheesy Garlic Bread Stick *Student Favorite* Chicken Parm Sandwich Salad Bar/Grain *Extras* Fresh Fruit or Veggie Corn Mandarin Oranges	19 *Meal of the Day* Chicken Fry Sides *Student Favorite* Pizza Salad Bar/Grain *Extras* Fresh Fruit or Veggie Pineapple Chunks Brownie
22 *Meal of the Day* Chicken & Waffles *Student Favorite* Cheesy Pull Apart Bread Marinara Sauce Salad Bar/Grain *Extras* Fresh Fruit or Veggie Broccoli and Cheese Slushies	23 *Meal of the Day* Ham and Cheese Sandwich *Student Favorite* Cheeseburger Salad Bar/Grain *Extras* Fresh Fruit or Veggie Baked Apples Strawberry Banana Cookie	24 *Meal of the Day* Pork Pasty Roll *Student Favorite* Chicken Wrap Soup-TBA *Extras* Fresh Fruit or Veggie Mashed Potatoes Gravy Fruit Cocktail	25 *Meal of the Day* Chicken Fajita Rice *Student Favorite* Chicken Parm Sandwich Salad Bar/Grain *Extras* Fresh Fruit or Veggie Cauliflower Peach Slices	26 *Meal of the Day* Chicken Alfredo Cheesy Garlic Bread Stick *Student Favorite* Pizza Salad Bar/Grain *Extras* Fresh Fruit or Veggie Fries Pear Slices
29 	30 *Meal of the Day* Quesadilla Queso Cheese *Student Favorite* Cheeseburger Salad Bar/Grain *Extras* Fresh Fruit or Veggie Rosy Applesauce	31 *Meal of the Day* Lasagna Baked Potato Roll Up *Student Favorite* Chicken Wrap Salad Bar/Grain Soup-TBA *Extras* Fresh Fruit or Veggie Corn Pineapple Chunks	Local Beef Provided by <ul style="list-style-type: none"> Loomis Custom Beef Andres Ranch Local Eggs Provided by <ul style="list-style-type: none"> JEMS Farms All products used in select menu items. For more information contact Becky bshearer@cgrove417.org	



Breakfast
FREE for all USD 417
Students
Adult - \$2.30
Lunch
***Paid - \$3.20**
Reduced - \$4.40
Adult - \$4.25

To qualify as a reimbursable meal each meal MUST have 1/2 cup fruit/ vegetable or combination of the two.

- Items offered Daily on the Fresh Fruit/Fresh Veggie Bar
- Lettuce
 - Carrots
 - Grape Tomatoes
 - Cucumbers
 - Broccoli
 - Mixed Peppers
 - Celery

Seasonal Fruit - (1 Fresh Option Per Day)
 Apples, Oranges, Kiwi, Grapes, Bananas
 Just to name a few

Menu subject to change w/o

This institution is an equal opportunity provider.

For School Food Updates - Join the USD 417 Morris County Food Service Program Facebook Page



(Rev. 3-22)

Parent/Guardian Notification: Dental Screenings

CareArc will be providing free dental screenings at **Morris County Schools on February 1st, 2024**. To comply with Kansas State Statute 72-5201, school children (K-12) should receive annual school-based dental screenings.

KDHE screenings identify the presence of decay, previous dental experience (fillings and/or sealants), infection, swelling, and pain. Parents are notified of the screening results, and those with dental treatment needs are referred to local dentists for care. School screenings are not a substitute for an examination by a dental professional, and it is recommended that all children have a dental home that provides regular, comprehensive dental care.

To participate in the screening, no action is required. If you would like your child to receive a fluoride varnish (in addition to the screening), please complete the top portion of the attached form. If you would like to opt your child out of the screening, please complete the bottom portion of the attached form. All students will be screened unless opted out.

****If your child sees a dentist regularly and receives fluoride applications, please do not sign them up for additional applications. Most dental insurances only cover a certain number of applications per year, and we do not want that to affect how they will cover your child at their regular dental visit.**

Remember, that this is only a screening. Even if your child does see a dentist regularly, I would encourage them to go through the screening as well. It is completely up to you, though.

Each child will be screened unless opted out ahead of time by a parent signature.

Chelsea Fuller, *Registered Dental Hygienist, ECPII*

CareArc-Emporia

420 W. 15th Ave., Emporia, KS 66801

620-342-4864, ext. 3782

cfuller@CareArc.org

Kolette Gilbert, *Dental Referral and Outreach Clerk*

CareArc-Emporia

420 W. 15th Ave., Emporia, KS 66801

620-342-4864, ext. 3782

kgilbert@carearc.org



(Rev. 3-22)

Dental Outreach Fluoride Consent Form

STUDENT INFORMATION					Chart Number:	
Grade:		Teacher:		School:		
STUDENT'S Last Name:			First Name:			
Date of Birth:		Age:		Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female		
Mailing Address:		Apt. No.:	City:		State:	ZIP:
Phone Number:						
Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African-American <input type="checkbox"/> More than 1 race <input type="checkbox"/> Asian <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Native Hawaiian					Ethnicity: <input type="checkbox"/> Latino/Hispanic <input type="checkbox"/> Other	
PARENT/GUARDIAN Name:			Relation to Student:			
Name of child's dental home and date of last visit: _____/_____/_____						
Parent/Guardian Signature:					Date:	

INSURANCE INFORMATION (required): Please fill out the following information about your CHILD: Please note that CareArc will be covering the cost of the services and YOU WILL NOT BE RESPONSIBLE TO PAY ANY FEES , but if you have dental insurance your insurance carrier will be billed. Please make sure you complete the insurance information below.						
By completing any portion of this form, you are authorizing CareArc to provide screening/fluoride services for your child and to collect payment from KanCare and/or Private Dental Insurance.						
<input type="checkbox"/> None						
<input type="checkbox"/> KanCare #: _____ <input type="checkbox"/> United Health Care <input type="checkbox"/> Aetna <input type="checkbox"/> Envolve						
<input type="checkbox"/> Private Insurance – Name of Company: _____ ID#: _____ Group #: _____						
Subscriber Information (All information must be provided):						
Last Name:		First Name:		Date of Birth:	Social Security Number:	
Address:		City:		State:	ZIP:	
Employer:			Relationship to Child:			

(Please do not detach)

<input type="checkbox"/> I DO NOT want my child to participate in the free dental screening.					
STUDENT'S Last Name:		First Name:		Grade:	Teacher:
Parent/Guardian Signature:				Date:	