



BRAVES FOOTBALL

EXPECT EXCELLENCE!

TEAM RULES

1. **SHOW RESPECT:** for the coaches, officials, school staff, your teammates, our equipment, our facilities, and yourself.
2. **DO NOT BE LATE OR ABSENT:** for any practice, game, weight session, team meeting, team meal, etc.
3. **NEVER WALK:** on the practice or game field.
4. **NEVER TAKE OFF YOUR HELMET:** unless a coach tells you to.
5. **NEVER LEAVE THE FIELD OR DRILL:** unless a coach or teammate tells you to.
6. **WORK:** Laziness and lack of effort are unacceptable.
7. **ABSTAIN FROM ALCOHOL, TOBACCO, DRUGS, AND VULGARITY**

Every problem situation will come under the umbrella of one of these rules as determined by the coach. If not, appropriate measures will be taken according to the severity of the situation. The head coach reserves the right to determine a fair level of discipline for each violation of team rules.

What Our Coaching Staff Expects From You

1. We expect you to be the best athlete and football player that you can be.
2. We expect you to approach every game on our schedule as being direly important.
3. We expect you to be ready to accept the difficult decisions we make on a daily basis.
4. Decisions will be made based on what is best for the team. **THE TEAM ALWAYS COMES FIRST.**
5. If you are unhappy for any reason or have questions on why a decision is being made, you need to discuss with the coaching staff and no one else. We will not tolerate complaining to teammates and others in or outside this program. We will not tolerate dissension and selfishness.
6. Expect as much out of this team as you put in. Winning comes with blood, sweat, and tears. If you don't work your tail off during our practices and in our summer program, **DON'T EXPECT TO PLAY AND DO NOT EXPECT TO BE A PART OF THIS PROGRAM VERY LONG. WE WILL NOT BE OUTWORKED, OUTHUSTLED, OR OUTPREPARED BY ANYONE THIS SEASON.**
7. Follow the rules that we set. If you can't do so, you need to find something other than football to occupy your time with this fall. **THIS IS WILL NOT BE A DEMOCRACY- THE RULES SET WILL BE FOLLOWED AND THOSE NOT ABIDING WILL BE DISCIPLINED AND/OR DISMISSED.**
8. Prepare yourself every day and every practice to be a winner and to work for perfection in our execution offensively and defensively. Prepare yourself mentally and prepare yourself physically to be a winner and to defeat our opponents with every second you spend in practice and the game.
9. Enjoy the game and have fun. If you are out for football for any other reason, you need to find something else to do this fall because if you don't love this game, then I question why you would put yourself through our practices to do so. You are not doing us any favors if your heart and soul aren't into helping us all become champions and have fun doing it.

FOOTBALL LETTERING REQUIREMENTS

1. To be eligible for a letter a player must be in good standing with the team and coaching staff at the completion of the season.
2. A player must have played in one half of the total number of varsity quarters played by the varsity team.
3. The coaching staff reserves the right to letter any other player if and when special circumstances apply.