

Mail forms to: Jay Doornbos
129 Hockaday Street
Council Grove, KS 66846

An athletic trainer or medical professional will be on site at all times. Each wrestler will weigh-in during registration. A standard skin form will be required for any skin problems.

Applicant's Name: _____

Age: _____ Date of Birth: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____

T-shirt Size: _____

Middle or High School Team: _____

Are you staying as an individual or as a team? Individual Team

If you are staying overnight, please list the coach that will be staying with you:

I hereby request permission for the above-named camper to participate in the 2015 The Grove Team Wrestling Camp. I represent and warrant to you that the camper is physically and mentally able to participate in the Wrestling Camp. I hereby authorize the staff of the Camp to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the camp from any and/or all liability for any injuries or illnesses incurred while at camp or in transportation to a medical facility, except for injury directly resulting from gross negligence or willful misconduct. I have no knowledge of any physical impairment that would be affected by the above-named camper's participation in the camp program, as outlined in the brochure.

The camper is covered by our medical insurance plan through the following company:

Company Name: _____

Policy#: _____

Parent/Guardian Signature: _____

Parent Address: _____

Home Phone: _____

Work Phone: _____

CAMP STAFF

Camp staff includes the coaching staffs of attending schools and college coaches and wrestlers to be named later.



Wrestlers have attended The Grove Wrestling Camp in the past from the following Kansas High Schools as well as schools in Missouri and Colorado:

Bishop Carroll High School
Burlingame High School
Burlington High School
Chase County High School
Council Grove High School
Eureka High School
Erie High School
Herington High School
Hillsboro High School
Larned High School
Lyons High School
Manhattan High School
Marion High School
McPherson High School
Mulvane High School
Oskaloosa High School
Nickerson High School
Sante Fe Trail High School
Silver Lake High School
Stafford High School
Sublette High School
Washburn Rural High School
Wellsville High School
Wichita North High School
Wichita South High School
Wichita Southeast High School

THE GROVE WRESTLING CAMP

June 22nd–23rd, 2015

Featuring Josh Kindig
Oklahoma State University
2014 NCAA National Finalist
2x Pennsylvania State Champion



Council Grove High School
Council Grove, KS
(Students entering 7th–12th Grade)

The 2014 camp was attended by 151 wrestlers, including 52 state qualifiers and 23 state placers, from the Kansas High School and Kansas Kids state tournament.

Camp Director: Jay Doornbos
620-340-2806

Each technique session will include multiple clinicians that will offer a variety of techniques. Campers will be able to choose which technique they want to work on at each session. All sessions are mandatory.

Each camper will attend two sessions of class time. The two classes could include proper weight training technique, wrestling nutrition, information for those wanting to wrestle in college, and the impact of drugs and alcohol on athletes.

The team competition will be run in a dual format. You will not compete on your high school team. We will place wrestlers on teams to insure that each team has as close to equal numbers as possible. A camp coach will coach each team.

SCHEDULE

Day 1

Check In: 7:45-8:45
Session 1: 9:00-11:00
Lunch: 11:30-12:30
Class Time: 12:30-1:30
Session 2: 1:30-3:30
Conditioning: 3:30-4:30
Dinner: 4:45-5:45
Live Wrestling: 6:30-8:30

Night Activities Include (For those staying the night): Wrestling Movies shown at the school.

Day 2

Wake-Up: 6:00-7:00
Breakfast: 7:00-8:00
Class Time: 8:00-9:30
(Broken into two separate sessions.)
Session 1: 9:30-11:30
Lunch: 11:45-12:45
Competition: 1:30-5:00
(Team Competition)
Check Out: 5:00

Camp Cost \$35 per Individual

Coaches attend free. Coach attending with team will receive free camp shirt.

Make checks payable to:
Jay Doornbos

Ages: Grades 7-12

Cost Includes:

- T-Shirt
- All meals
- Team Medals for Top Three Teams
- Lodging at Council Grove High School (if needed)
(If you want to stay at CGHS you must have a coach staying with campers at all times. You will need to bring sleeping bags, pillows, and shower supplies. You will be staying in our secondary gym.)