COUNCIL GROVE MIDDLE SCHOOL
COUNCIL GROVE ELEMENTARY SCHOOL
NEWSLETTER – MARCH 2015

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CGMS/CGES March 2015 Activity Calendar

3/2/2015 Quiz Bowl @ West Franklin-4:30 pm
3/2/2015 Dr. Seuss Family Read Night -7:00 pm
3/3/2015 Wrestling @ Mission Valley-4:00 pm
3/5/2015 Wrestling @ Douglass-4:00 pm
3/6/2015 End of Quarter 3/Early Dismissal-1:10
3/7/2015 Wrestling @ Chase County-9:30 am
3/7/2015 CGHS Cheer Try-outs
3/9/2015 FHJL Quiz Bowl @ Chase County-4:30pm
3/10/2015 CGES/MS PTO Meeting-6:00 pm followed by Site Council at 7:15 pm
3/11/2015 Grade cards sent home with students
3/13/2015 Spring individual and class pictures taken today
3/13/2015 Olweus Kickoff "March Against Bullying"
3/16/15-3/20/15 SPRING BREAK
3/26/15 Cowboy Poetry Night-5:30 pm
3/27/2015 Kindergarten Roundup/Screening
3/28/2015 CGHS Bravette Try-outs
3/29/2015 Master Teacher Dinner-6:00pm-CGHS Commons Area
3/31/2015 8th Grade Pre-enrollment

SPRING PICTURES

Spring pictures will be taken on Friday, March 13th. At this time, individual and class pictures will be taken. Individual picture taking will be optional.

8th Grade Pre-Enrollment

The dates for 8th grade pre-enrollment will be March 31st, April 2nd and April 8th from 7-8pm. Each 8th grade student and a parent will need to attend ONE of those dates. The purpose of the pre-enrollment meetings are for the students to learn about the courses and programs available in the high school as well as make course requests for their 9th grade year. Parents can call Jo at the high school office to confirm which date they will be attending. The phone number is 767-5149.

CGES/MS Braves to Brag About Program

Starting in March, we would like to celebrate students who have had academic success by achieving goals, showing success in subject area content, reading at home, passing exit tickets in math, turning in homework, etc. Teachers will write the student's name on a ticket. The tickets will be placed in a container in the office and 5 tickets will be drawn before the home High School Varsity Baseball/Softball games on March 27th, April 2nd and April 14th. Students will be recognized before the start of the 2nd game, and will receive a Brave to Brag About t-shirt! Parents are invited to attend the game with their child.

SUMMER CAMPS

The Kansas Academy of Mathematics and Science is offering six camps this summer that last a week. They are for students entering their freshman or sophomore year. They will focus on STEM activities. STEM stands for Science, Technology, Engineering and Math. It will be held on the Fort Hays University campus. Students will stay in a residence hall for the week. The cost is $100.00 which includes room and board, camp supplies and a camp t-shirt. Scholarships are available in the amount of $50.00 if needed.

The different camps available are JAVA Programming and Chessboard Problems (June 1-5), Chemistry of Cooking (June 8-12), Pi & Other Sweets fore the Tech Junkie (June 8-12), Energy: What Do We Really Need? (June 15-19), C.H.A.S.I.N.G.-Computer and Human Analysis of Storm Impacts Needs Geography (June 22-26), High Altitude Balloon Science: See the World from 100,00 Feet (June 29-July 2).

I have more information about this camp and registration forms if anyone is interested. Deadline to sign up is May 1st, but each camp is limited to 30 students and it will be on a first come, first serve basis. Mrs. Dingler

Project Teen

Project T.E.E.N., a human sexuality program of the Flint Hills Community Health Center located in Emporia, will be visiting with 5th-8th grade students once per week starting Wednesday, February 25th for 6 weeks total. Project T.E.E.N. has been in our schools for over 5 years now. Letters were sent home recently in regards to this information. All students will be included in the grade-level discussions unless opted out by the signed parent note. If you have questions in regards to the program or curriculum, please let your Mrs. Reddick, Mrs. Mahanay, or Mrs. Finch know.

It's a SEUSSABRATION!

You are invited to join us for a celebration of family, reading, and Dr. Seuss' birthday.
WHEN: Monday, March 2nd from 7 to 8 p.m.
WHERE: C.G.E.S. Gym
WHO: Preschool thru 5th grade students and their families
What to Bring: An adult, your favorite books, and something to sit or lay on- pillow, sleeping bag, etc.
Wear your pajamas, if you want to!
There will be snacks and Dr. Seuss books to give away!
*Students must be accompanied by a parent or other adult.

Thank you Mr. Estes

The third graders would like to thank Mr. Estes for coming and talking about Wyoming, where he used to live. The students were reading the book, Stone Fox, which is set in the state. Mr. Estes talked about the climate, animals, and land in the area, as well as answered questions from the students. Mr. Estes told them that there is snow on the ground most of the winter. The third graders enjoyed learning that kids in Wyoming wear snow pants to school in the winter because they get to go out to recess and play in the snow! They also found out they rarely have snow days!!!

Reading Rockets website

Reading Rockets is a website that has a wealth of information for parents to help their child with reading. Click on the tab, For Parents, Teachers and Others, then scroll and click on Parent. Choose Target the Problem and it will give you six reading components to choose from: Phonological and Phonemic Awareness, Word Decoding and Phonics, Vocabulary, Fluency, Comprehension, or Other Sources of Reading Difficulty. After you choose a target area, the site will tell what the problem looks like for the student, parent and teacher. It will also give strategies for students, parents and teachers to help fix the problem. Have fun and explore Reading Rockets at http://www.readingrockets.org

Dear Parent/Guardian,

The Council Grove Elementary/Middle School, in partnership with the Flint Hills Extension District and the Morris County Health Department, will be participating in ***Walk Kansas for Kids***, a six-week program, to encourage healthy eating and physical activity. The program will run from **March 26th** to **May 7th.**

Childhood is a critical time for developing lifelong health habits. Children who are moderately or vigorously active for 60 minutes a day on five or more days a week are found to have higher self-esteem, higher academic achievement, and a decreased likelihood to smoke or use drugs.

The goals of the *Walk Kansas for Kids* program are to encourage physical activity, encourage children to make healthy eating choices, and instill in children the importance of choosing a healthy lifestyle. A weekly activity log will guide youth in their physical activity. A weekly newsletter will also share ideas for involving your family in physical activity and tips for healthy eating. Through their participation, students will be able to earn incentives for returning their weekly activity log and meeting goals for minutes of physical activity.

During each week of the program, students will have the opportunity to meet after school on Thursdays from 3:15 p.m. to 4:00 p.m. to engage in walking activities with other students participating in the program. These dates will be **March 26th, April 2nd, April 9th, April 16th, April 23rd, April 30th,** and **May 7th.** For safety purposes, you will be asked to sign your child out each week at the conclusion of Walk Kansas for Kids.

What You Will Need To Do:

1. Complete the *Walk Kansas for Kids* participation form to verify that your child is in good health and may participate in the program. This form is due to Ms. Reddick by **March 13th.**

2. Encourage your child to be physically active for at least 30 minutes each day outside of the school day. Even though the program is called *Walk Kansas for Kids,* children are not restricted to walking. Any aerobic activity is acceptable and may include roller blading, running, bicycling, swimming, and team sports such as basketball or soccer.

3. Help your child record his or her minutes of physical activity on the weekly log. Sign the log each week and return it on following Thursday when your student comes to participate in walking activities. For example, the activity log from Week #1 (March 26th – April 1st) will be due Thursday, April 2nd.

Please contact us if you have questions.

Sincerely,

Dana Reddick	Brenda Kirk	Chelsea Richmond
Council Grove Elementary School	Morris County Health Department	Flint Hills Extension District

Participant Form

Please sign this section to verify that your child is in good health and may participate in *Walk Kansas for Kids*, and return it to Ms. Reddick by Friday, March 13th. If you are unsure about your child's health status, contact your family doctor for advice. Your child will be able to start the program as soon as this form is returned. Please make sure your child is participating in suitable and appropriate physical activity.

I agree that _____ (child's name) is in good health and may participate in ***Walk Kansas for Kids.*** I also agree that I will monitor his/her activity and report any health problems to a health professional. I pledge to support my child throughout the duration of ***Walk Kansas for Kids.***

_____ _____

Parent or Guardian Signature Date

Transportation:

Each Thursday (March 26, April 2, April 9, April 16, April 23, April 30, and May 7) from 3:15 p.m. to 4:00 p.m. your child will have the opportunity to participate in walking activities with other students participating in the program. Please indicate how your child will get home.

- ☐ My child will walk home.
- ☐ My child will be picked up by _____
- ☐ Other: _____

Contact Information:

The following individuals will be available and can be contacted while my child is participating in the Walk Kansas for Kids program on Thursdays from 3:15 p.m. to 4:00 p.m.

_____ (Individual) _____ (Phone Number)

_____ (Individual) _____ (Phone Number)

Publicity Release:

- ☐ I authorize K-State Research and Extension to record and photograph my child's images and/or voice for use in research, educational, and promotional program. I also recognize that these audio, video, and image recordings are the property of K-State Research and Extension.
- ☐ No, I do not authorize use of my child's image or voice.

Program Survey. For the following questions, place an X on the one answer that best describes the participant or your family.

		Never	Sometimes	Almost Always
1.	How often are fruits available in your home?	☐	☐	☐
2.	How often is whole grain bread available in your home (like whole wheat)?	☐	☐	☐
3.	How often do you participate in physical activities outside of school (like play sports like basketball or football, walk to or from school, or play outside)?	☐	☐	☐
4.	When you are in school, how often do you participate in physical education (PE) classes?	☐	☐	☐