

Fourth Grade Guidance Curriculum

Focus:

- interpersonal skills and peer pressure
- impact of bullying
- career exploration

1. Students will understand and respect self and others by using self-knowledge and interpersonal skills. Students will...

- 1.1 Develop positive attitudes toward self. (KS 1.1.1.1)
- 1.2 Identify and express feelings in an appropriate manner. (KS 1.1.1.3)
- 1.3 Develop an appreciation of individual and cultural differences (KS 1.1.2.4)

2. Students will acquire personal safety skills. Students will...

- 2.1 Respect personal boundaries, rights, and privacy. (KS 1.3.1.4)
- 2.2 Recognize situations in which adults in the school or community are needed to keep students safe. (KS 1.3.1.5)
- 2.3 Recognize the dangers of drug and alcohol abuse. (KS 1.3.1.7)
- 2.4 Develop ways to cope with peer pressure. (KS 1.3.1.8)

3. Students will demonstrate recognizing and responding to bullying. Students will...

- 3.1 Define the word "bullying"
- 3.2 Identify bullying behavior
 - Describe student behavior that will make school a safe and fun place
 - Describe how physical, emotional, and social power is used unfairly
 - Identify where in the school bullying behavior is happening
 - Describe how bullies hurt someone's body or things, feelings, and relationships
- 3.3 Identify reasons why children bully
- 3.4 Describe the consequences of bullying (KS 1.3.1.6)
 - Know the meaning of "consequences"
 - Identify what happens to children who bully others
 - Identify what happens to children who are bullied
 - Describe the schoolwide consequences for engaging in bullying (review school policy)
- 3.5 Practice dealing with feelings
 - Describe how it feels to be bullied
 - Feel more empathy for students who are targets of bullying
 - Describe the control people have over their feelings and that people can choose their response to their feelings
 - Identify what other people are feeling
 - Communicate how they are feeling to others

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*(Parentheses notations after each indicator refer to **Kansas Curricular Standards for School Counseling**. The first number in parentheses refers to one of the three areas of school counseling: 1 = Personal & Social Development, 2 = Academic Development, 3 = Career Development. The remaining numbers refer to Standard, Benchmark, and Indicator level.)*

- 3.6 Respond to bullying
- Describe ways in which adults can help them feel safe at school
 - Describe several assertive, nonviolent ways to respond to bullying
 - Practice using a variety of assertive techniques in responding to a bully

- 3.7 Report bullying
- Know that all adults in their school are committed to protecting students from bullying
 - Know how to tell an adult about bullying
 - Explain the difference between reporting and telling
 - Explain their school's procedure for reporting bullying

4. Students will demonstrate a positive academic self-concept, achieve school success, and investigate the world of work. Students will...

- 4.1 Recognize the importance of effort and persistence to learning (KS 2.1.2.3)
- 4.2 Use appropriate communication skills to ask for help when needed (KS 2.1.2.4)
- 4.3 Demonstrate being a positive team member (KS 3.1.2.4)
- 4.4 Describe how personal activities and interests influence career and leisure choices (KS 3.3.2.3)
- 4.5 Prepare for the transition to the next educational level (**Note: Prairie Heights 4th grade only**) (KS 2.3.1.2)

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