

First Grade Guidance Curriculum

Focus:

- getting along with others (friendship)
- staying safe
- beginning to recognize the importance of school and career

1. Students will understand and respect self and others by using self-knowledge and interpersonal skills. Students will...

- 1.1 Describe behaviors associated with various feelings. (KS 1.1.1.4)
- 1.2 Identify people who can help them understand their feelings (KS 1.1.1.5)
- 1.3 Make and keep friends (KS 1.1.2.2)

2. Students will acquire personal safety skills. Students will...

- 2.1 Identify personal boundaries and rights (KS 1.3.1.4)
- 2.2 Identify resource people in the school and community and learn how to seek help (KS 1.3.1.5)
- 2.3 Develop an awareness about the dangers of drug and alcohol abuse (KS 1.3.1.7)

3. Students will demonstrate recognizing and responding to bullying. Students will...

- 3.1 Describe bullying and teasing; define the word "bullying" (KS 1.3.1.6)
- 3.2 Identify bullying behavior
 - Describe how bullies hurt someone's body or things
 - Describe how bullies hurt someone's feelings
 - Describe how bullies hurt someone's friendships
 - Know that people can bully with words, not just actions
- 3.3 Describe the consequences of bullying
 - Know the meaning of "consequences"
 - Identify what happens to children who bully others
 - Identify what happens to children who are bullied
- 3.4 Practice dealing with feelings
 - Describe how you would feel if you were being bullied
 - Learn to express feelings of anger in nonviolent, helpful ways
- 3.5 Respond to bullying
 - Identify positive ways to build up, not tear down, others
 - Identify basic ways to respond to bullying
 - Practice responding to bullying
- 3.6 Report bullying
 - Know that it is important to tell an adult about bullying
 - Describe the difference between reporting and tattling
 - Say the school's procedures about reporting bullying

4. Students will demonstrate a positive academic self-concept and identify personal qualities needed to achieve career goals. Students will...

- 4.1 Describe attitudes needed to achieve in school (KS 2.1.1.2)
- 4.2 Describe home and school responsibilities (KS 3.3.1.3)

*(Parentheses notations after each indicator refer to **Kansas Curricular Standards for School Counseling**. The first number in parentheses refers to one of the three areas of school counseling: 1 = Personal & Social Development, 2 = Academic Development, 3 = Career Development. The remaining numbers refer to Standard, Benchmark, and Indicator level.)*